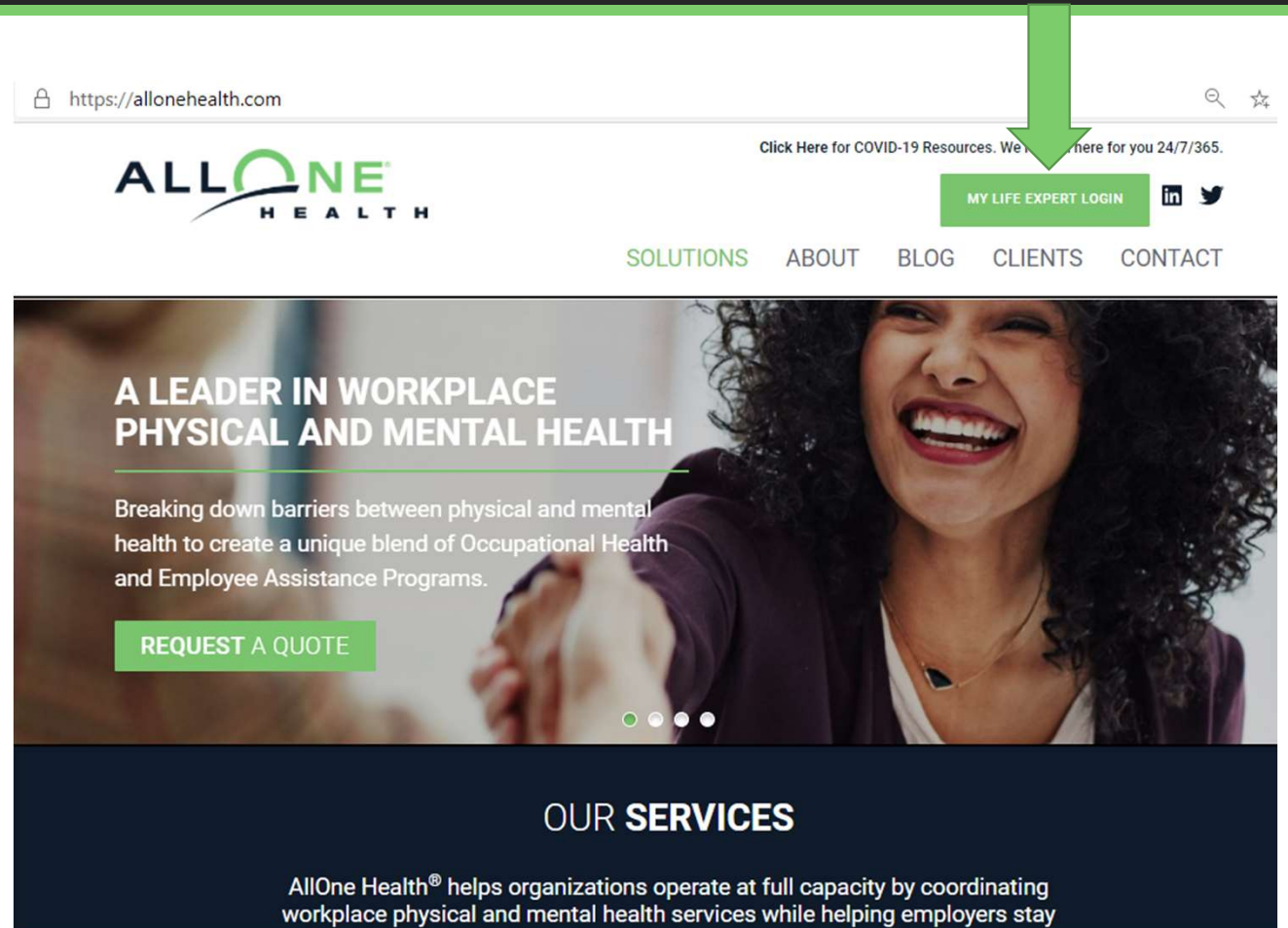


Creating a My Life Expert Profile

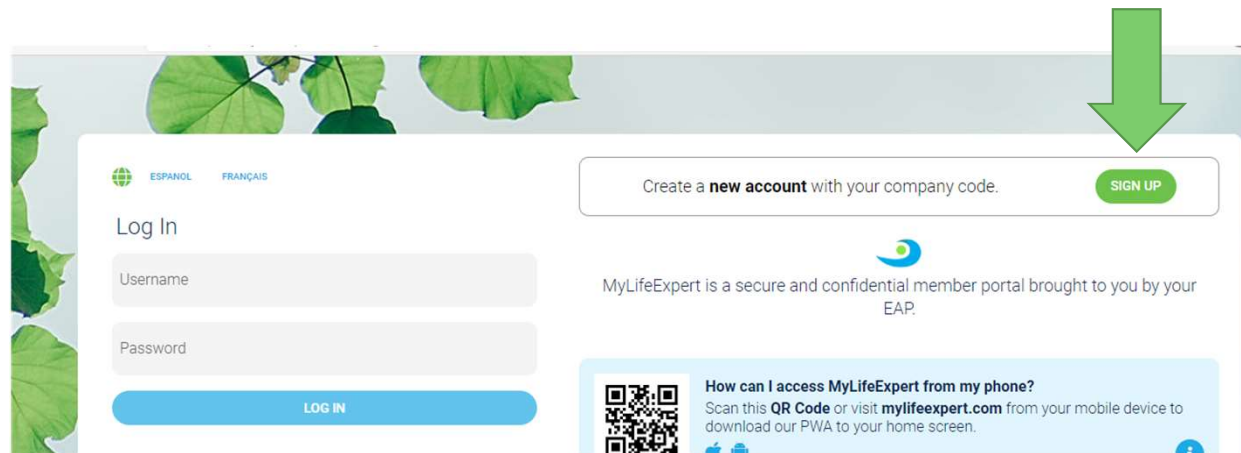
Begin by visiting our website at:
allonehealth.com

In top right corner of page you will see the green box “My Life Expert Login”, you will click on that box to bring you to the My Life Expert Homepage



The screenshot shows the AllOne Health website homepage. The browser address bar displays "https://allonehealth.com". The AllOne Health logo is centered at the top. In the top right corner, there is a green box labeled "MY LIFE EXPERT LOGIN" with a green arrow pointing to it. Below the logo, there is a navigation menu with links for SOLUTIONS, ABOUT, BLOG, CLIENTS, and CONTACT. A search icon and a star icon are also present in the top right. Below the navigation menu, there is a large banner image of a smiling woman. The banner text reads: "A LEADER IN WORKPLACE PHYSICAL AND MENTAL HEALTH". Below this, it says: "Breaking down barriers between physical and mental health to create a unique blend of Occupational Health and Employee Assistance Programs." A green button labeled "REQUEST A QUOTE" is positioned below the text. At the bottom of the banner, there are four small circles, with the first one being green. Below the banner, there is a dark blue section titled "OUR SERVICES" with the text: "AllOne Health® helps organizations operate at full capacity by coordinating workplace physical and mental health services while helping employers stay".

Next: click
on sign up at
right of page
(see arrow)



The screenshot shows the MyLifeExpert website interface. At the top right, a green arrow points to a "SIGN UP" button. The page features a "Log In" section with "Username" and "Password" input fields and a "LOG IN" button. A "Create a new account" section is also visible, along with a QR code and a link to learn more about mobile access.

ESPAÑOL FRANÇAIS

Create a **new account** with your company code. **SIGN UP**

Log In

Username

Password

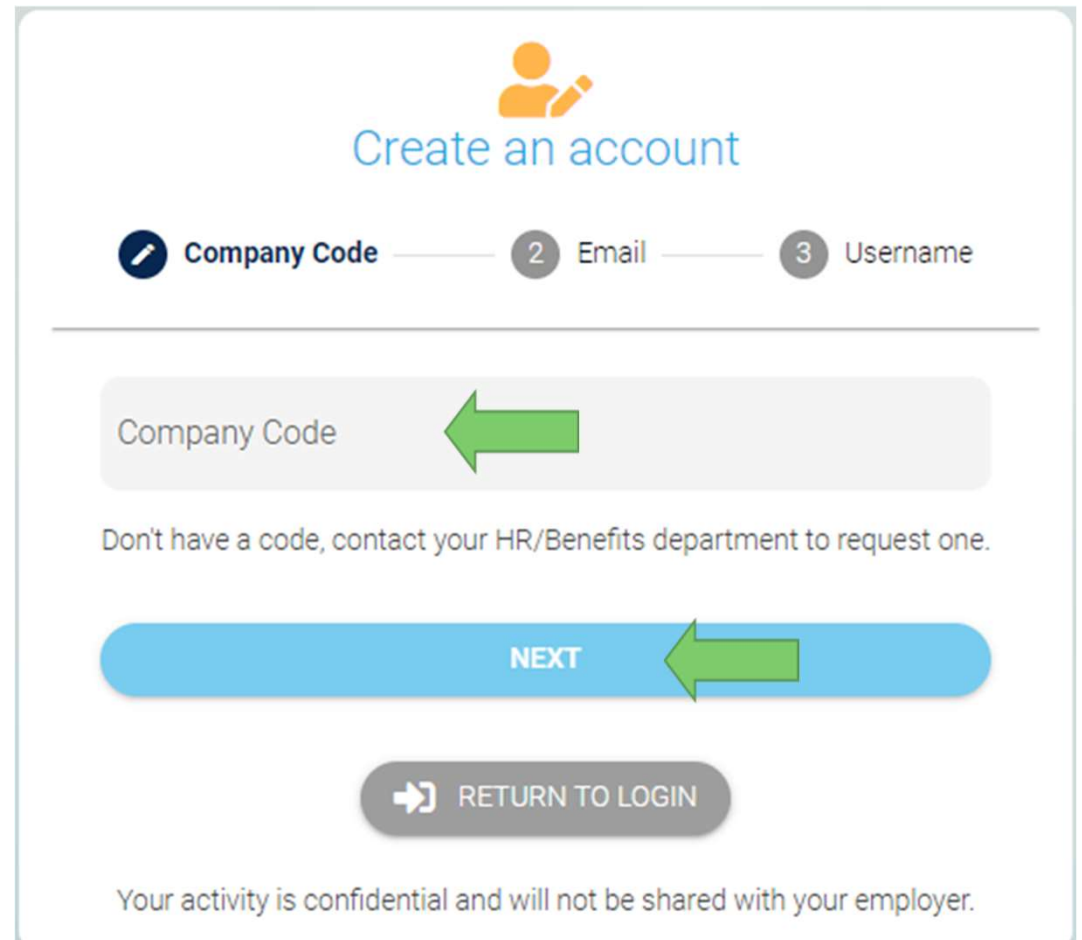
LOG IN

MyLifeExpert is a secure and confidential member portal brought to you by your EAP.

How can I access MyLifeExpert from my phone?
Scan this QR Code or visit mylifeexpert.com from your mobile device to download our PWA to your home screen.

Fill in the
company code =
New Bedford
Schools company
code is
newbedford

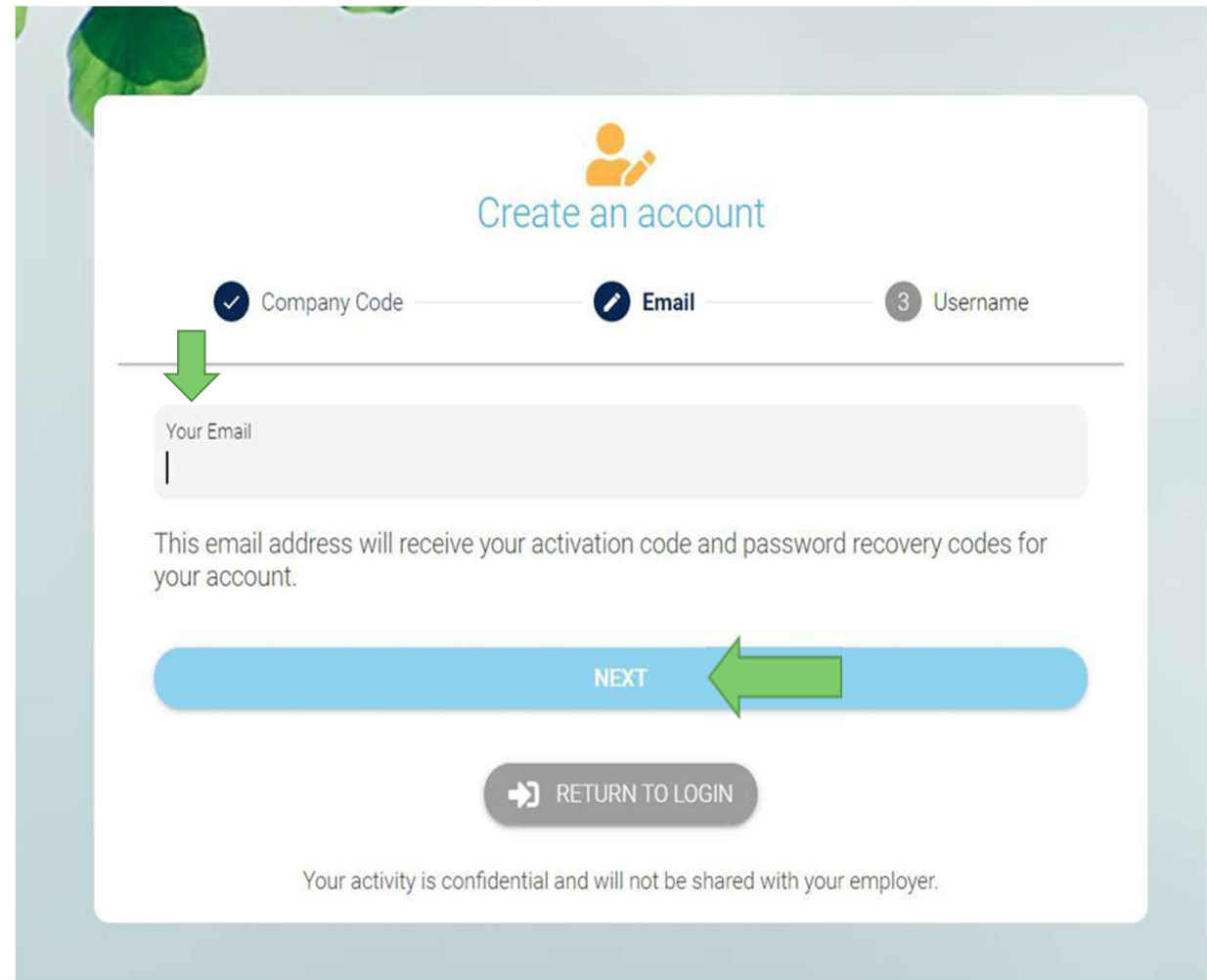
Click Next



The screenshot shows a 'Create an account' page. At the top, there is an orange icon of a person with a pencil and the text 'Create an account'. Below this is a progress indicator with three steps: '1 Company Code', '2 Email', and '3 Username'. The 'Company Code' step is highlighted with a blue circle and a pencil icon. A green arrow points to the 'Company Code' input field, which is currently empty. Below the input field, there is a note: 'Don't have a code, contact your HR/Benefits department to request one.' A blue 'NEXT' button is highlighted with a green arrow pointing to it. Below the 'NEXT' button is a grey 'RETURN TO LOGIN' button with a right-pointing arrow icon. At the bottom, there is a disclaimer: 'Your activity is confidential and will not be shared with your employer.'

Enter your email address

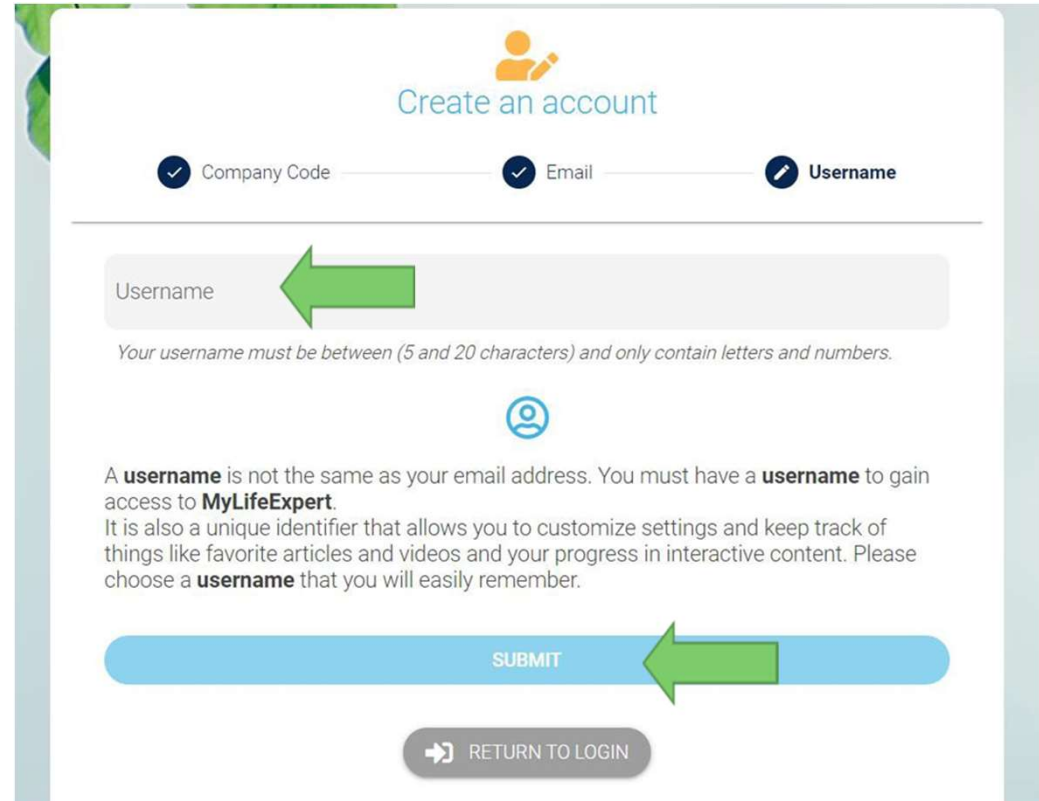
Click Next




The screenshot shows a 'Create an account' form with a progress indicator at the top. The progress indicator consists of three steps: 'Company Code' (checked), 'Email' (active), and 'Username' (3). Below the progress indicator is a text input field labeled 'Your Email' with a green arrow pointing down to it. Below the input field is a message: 'This email address will receive your activation code and password recovery codes for your account.' Below the message is a blue button labeled 'NEXT' with a green arrow pointing left to it. Below the 'NEXT' button is a grey button labeled 'RETURN TO LOGIN' with a right-pointing arrow icon. At the bottom of the form is a disclaimer: 'Your activity is confidential and will not be shared with your employer.'


Enter a Username
you would like to
use; retain this
information for your
records.

Click Submit




 Create an account


✓ Company Code ✓ Email ✎ Username


Username 

Your username must be between (5 and 20 characters) and only contain letters and numbers.



A **username** is not the same as your email address. You must have a **username** to gain access to **MyLifeExpert**.
It is also a unique identifier that allows you to customize settings and keep track of things like favorite articles and videos and your progress in interactive content. Please choose a **username** that you will easily remember.

 SUBMIT

 RETURN TO LOGIN

Access the email account
you entered for
registration

You will receive an email
from My Life Expert
(info@mylifeexpert.com)
with a verification code.

(Please check your
Spam/Junk folder if not
received)

MyLifeExpert - Account Activation Inbox x



info@mylifeexpert.com
to me ▾

4:20 PM (6 minutes ago)



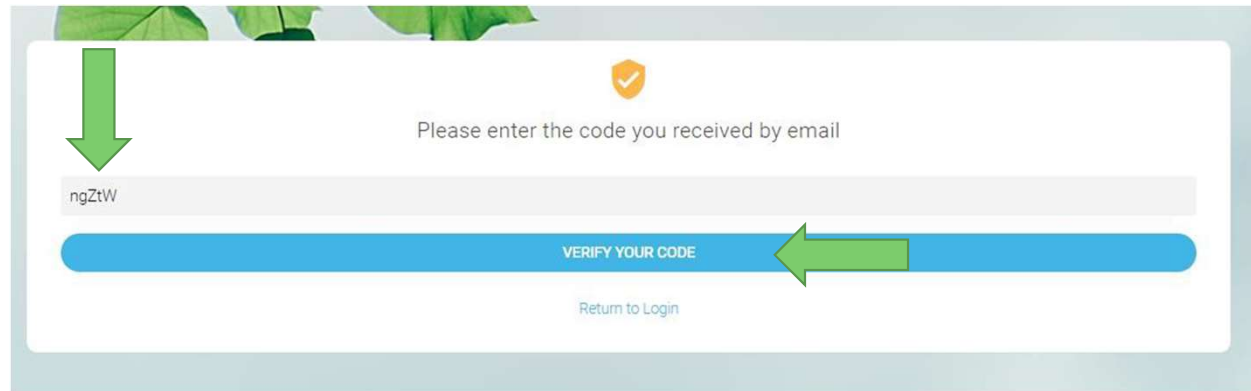
Account Activation

Thank You for Creating an Account with us. Please enter the code below into your app to
activate your account

ngZtW

Enter the case sensitive code

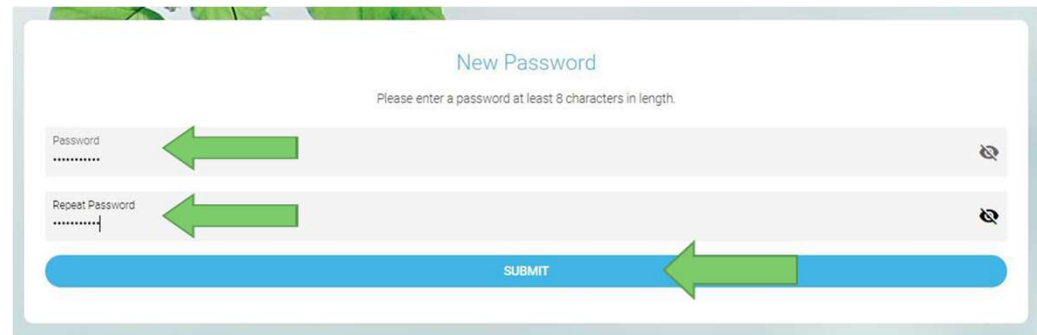
Click verify your code



The screenshot shows a code verification interface. At the top, there is a green checkmark icon and the text "Please enter the code you received by email". Below this is a text input field containing the code "ngZtW". A large green arrow points down to the input field. Below the input field is a blue button labeled "VERIFY YOUR CODE". A second green arrow points left to this button. Below the button is a link labeled "Return to Login".

Create your password. Be sure to write down your password and keep it in a safe place with the username you created.

Click submit

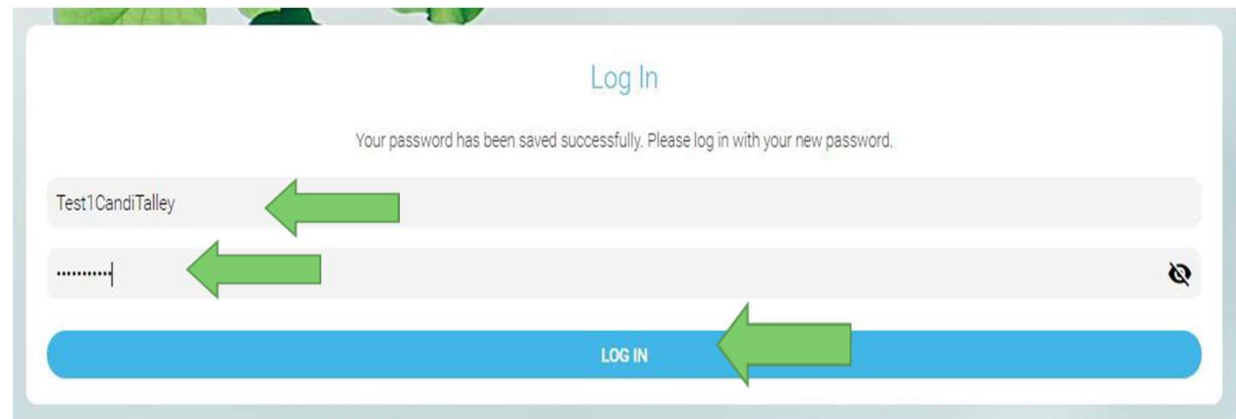


The image shows a 'New Password' form with the following elements:

- Title:** New Password
- Instruction:** Please enter a password at least 8 characters in length.
- Fields:** Two input fields labeled 'Password' and 'Repeat Password', both containing masked characters (dots).
- Annotations:** Green arrows point to the right of each input field, and a larger green arrow points to the left of the 'SUBMIT' button.
- Buttons:** Each input field has a small circular icon on the right, and a large blue 'SUBMIT' button is at the bottom.

Now you can
Login by
entering the
Username and
password you
created.

Click Log In



The screenshot shows a login interface with the following elements:

- Log In** (link)
- Message: *Your password has been saved successfully. Please log in with your new password.*
- Username field: with a green arrow pointing to the text.
- Password field: with a green arrow pointing to the dots.
- LOG IN button: A blue button with a green arrow pointing to it.

MyLifeExpert - An employee well x +
mylifeexpert.com

ALL ONE HEALTH

FAMILY HEALTH FINANCIAL CAREER LIVING MILITARY COLLEGE LIFE

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Flu (influenza) Symptoms and Treatment

Need Help?
Connect with a qualified counselor today

800-451-1834
24/7 Toll-Free Support

Chat & Video
Live Chat Support Request

Articles

Get Recommendation

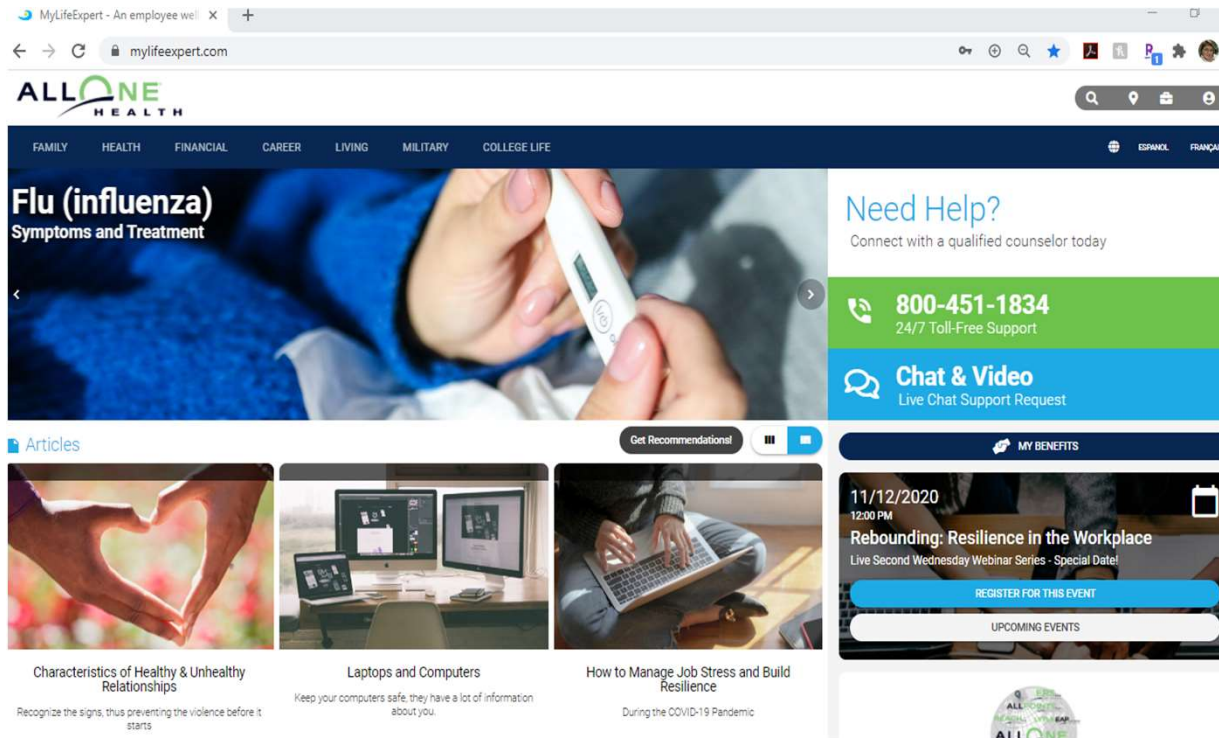
MY BENEFITS

11/12/2020
12:00 PM
Rebounding: Resilience in the Workplace
Live Second Wednesday Webinar Series - Special Date!
REGISTER FOR THIS EVENT
UPCOMING EVENTS

Characteristics of Healthy & Unhealthy Relationships
Recognize the signs, thus preventing the violence before it starts

Laptops and Computers
Keep your computers safe, they have a lot of information about you.

How to Manage Job Stress and Build Resilience
During the COVID-19 Pandemic



You should now be logged in.
Happy Exploring!
